

McCarthy Catholic College 75 Mackellar Street Emu Plains NSW 2750

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# Integrity

Justice

18 May 2018



## FROM THE PRINCIPAL

Dear Parents and friends of the McCarthy Community

Welcome back to another wonderful term of learning at McCarthy. I would like to commend all parents for ensuring their sons/daughters are well prepared and presented for school in winter school uniforms. Students looked absolutely amazing at assembly dressed pristinely in their blazers. The efforts that each family have gone to is very much appreciated by the Leadership Team and staff of the college. A special warm welcome to the new members of our learning community:

Mr Nathan West (Mathematics teacher (Year 7-12)

Nigel Murugani (Year 10)

Brooke Hine (Year 9) returning to McCarthy

Emma Moses (Year 9)

**Tegan Duncan** (Year 9)

Ainsley Stone (Year 8)

Sarah Gee (Year 8)

Holly Lampard (Year 8)

Please know that you are a valued member of our community and we hope that your transition to McCarthy has been positive and welcoming to date. Thank you for choosing McCarthy and joining our wonderful learning community.

I would like to reinforce our expectations regarding school attendance at this time as we move into the winter season where more likely students and staff experience colds and flu. Please seek medical treatment if your child is ill and then communicate with the college. The Diocesan expectation and target is that all students should attend school for a minimum 90% of the available school days. At McCarthy, students will receive an attendance update every fortnight after Monday assembly. This will state number of days absent and their ongoing attendance rate at school. There is a direct relationship between school attendance and student performance. The greater the absence, the more likely that student performance will be reduced. I urge your support in ensuring your child attends school everyday. As stated in the letter to parents in Week 1 Term 2, travel during the term cannot be approved now under the changes to the Education Act and will be marked as unapproved leave. Students in Year 11 and 12 in particular should not be seeking any time away from school in order to achieve the learning outcomes successfully for their courses of study and the key assessments which they will complete. Please support your child's education by insisting that they are at school everyday of the school term. When your child is absent, they are missed by their teachers and friends and where this absence is sustained they can become disconnected with school. Perfect attendance is acknowledged each term with a certificate recognising this commitment to learning at McCarthy.



Last week I had the pleasure of meeting Rashid Davis Principal from Brooklyn P-TECH High New York USA. He was able to share the work he has pioneered as the first P-TECH high, as well as key insights that will help us as we work with our P-TECH partners Telstra and PricewaterhouseCoopers (PwC). We are in the planning stages now for our Year 11 P-TECH course and preparing this for students with essential resources etc. ready for 2019. This is such an exciting adventure which is unique to our wonderful college that will enable students to be mentored by these two business partners and as such have a distinct advantage after working closely with our P-TECH partners. Our Industry Liaison Officer Andrew Mashman supports this work and assists us in managing this new initiative.

This week **Year 10** students engaged in the **'Planning for my Future Day'** together to launch their plan post Year 10. The KLA Leaders of Learning each prepared presentations and current Year 11 students also spoke to the students about their perspectives and insights regarding subject choices and pathways of study. I would like to emphasize that we are one school at McCarthy with multiple choices and pathways of study. This week on Tuesday 15 May, we had a Pathways Information evening for students and parents of Year 8, 9 and 10. It was an information filled evening that hopefully ignited great thinking about the possibilities for an exciting future.

This week all schools across Australia engaged in **NAPLAN** testing for literacy and numeracy assessment. If your child is in Year 7 or Year 9 in 2018 we hope that they applied themselves wholeheartedly in completing these tests. The information regarding your child's performance will provide essential feedback to assist us in knowing your child's areas of strength, but also the aspects of literacy and numeracy where they require additional support to be able to progress further. Thank you for the support you gave to your child/children at this time.

On Monday 14 May the college celebrated its first **Mother's Day liturgy** in the Mackillop Learning Centre. We had an absolutely beautiful ceremony with approximately 50 parents, grandparents and carers who were in attendance to celebrate the love and care we experience from these significant women in our lives. It was a very moving ceremony that was very led by our students through prayer, readings and songs. A special thank you to Mr Daniel Nekic (Acting REC), School Leaders: Samuel Chok, Grace Chamberlin, Mitchell Fogg and Christine Saikien Thong and the students who performed musical items: Zion Tauasa, Loreen Luamanuvae and Mackenzie Brown. My personal appreciation and congratulations for a memorable first Mother's Day liturgy.

Thank you once again and God Bless.

### Mrs Tania Cairns Principal Leader





## FROM THE ASSISTANT PRINCIPAL

Welcome back to a great start to Term 2 2018. It was fabulous to give out so many outstanding certificates at the end of Term 1. It is our target that students have above 93% attendance. This equates to no more than 2 days off per term. Family holidays should not be taken in school time and will not be approved by the Principal. Every day matters, and every day of learning missed, we miss our students and they miss learning. Every fortnight this term, our students are provided with a note showing their % attendance. Don't come to school if you are very sick or there is a serious family matter, but every day counts and we want our students here learning as this is what McCarthy teachers are passionate about.

The researcher John Hattie (2015) in his report *What Works Best in Education: The Politics of Collaborative Expertise* says that "the greatest influence on student progression in learning is having highly expert, inspired and passionate teachers and school leaders working together to maximize the effect of their teaching on all students in their care" (p. 2). Currently, our teachers have had professional learning in shared reading techniques to help us increase literacy for all students, however, there are so many things we are working on and we hope our students feel supported and safe.

I also wanted to express how grateful we are for the wonderful support of our parents. I have now been the McCarthy Catholic College Assistant Principal for 13 weeks. In this time, I have expressed how friendly students are in this community, but I have not communicated how fabulous my interactions with parents have been. Our students know when we have strong partnerships between school and home, that they are cared for and we all want the very best for them.

In terms of uniform, please ensure your sons have their shirts tucked in when wearing their tie and daughters are wearing 70 denier, opaque stockings. Check our messages on the Skoolbag app or join our group on Facebook or look in the student diary or call us for more clarification.

All the very best for the weeks ahead.

God bless

Mrs Peta Sparkes
Assistant Principal

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## FROM THE ASSISTANT PRINCIPAL

### **Western Sydney Training Awards**

Congratulations to the following Year 12 TTC students who have been successful in moving through to the Finals of the Western Sydney Training Awards:

**Lauren Gale:** School Based Apprentice of the Year **Emma Parker:** School Based Apprentice of the Year

**Emily Smith:** Vocational Education and Training in Schools Student of the Year

The awards are taking place on Friday 22 June at Oatlands House and we wish these students the best of luck. We will be welcoming back last year's Western Sydney and NSW School Based Apprentice of the Year and current Australian Training Awards Ambassador, Mark Doughty for our upcoming **Information Evening - 6pm 30 May 2018**.

Mr John Wills Assistant Principal Trade Training Centre







TTC INFORMATION EVENING YEAR 11 2019 ENROLMENTS 6:00pm Wednesday 30th May 2018

### **RELIGIOUS EDUCATION**

#### JSS Day

On Friday 11 May, we had **Jesuit Social Services Day**. In their mufti clothes, students donated everyday household items in a trailer at the front of the school, which was then taken to stock the shelves of the Ignite Food Store in Emerton. This store allows families in need to purchase necessities such as coffee, tea, Milo, sugar, baby formula, breakfast cereals, nappies, and laundry products at heavily discounted prices. The level of generosity displayed by the students was phenomenal. We were able to fill up the trailer so that Mr McNally could take the groceries to Emerton to stock the shelves.

During recess and lunch, the Business Services students in the TTC ran food stalls to raise additional funds for the Ignite Food Store. They ran a stall which sold cakes and party pies to hungry students (and staff!) during recess, and a hot chip stand and a sausage sizzle during lunchtime. The lines were 'out the door'!

All in all, over \$1000 was raised. Well done McCarthy!

### **International Family Day**

Tuesday 15 May was International Family Day, where the world celebrated the centrality of the family in forming the foundations of human society. I'm sure that nobody could imagine a world without families. Our bishop has asked us to fundraise for CatholicCare in order to assist the diocese in providing help for those families in need.

**Years 7 and 8** are creating a coin trail in their homerooms out of gold coins, and the homeroom with the longest trail will have their donations matched by the school.

**Years 9 and 10** will make paper aeroplanes, which will be auctioned off during recess and lunch. The furthest-thrown plane's makers and sponsors will win \$20 vouchers.

**Years 11 and 12** are running a Lolly Jar guessing competition.

### Mother's Day Liturgy

Throughout the beginning of this term during Religious Education classes, students created handwritten invitations to their mothers and other significant women to attend a prayer liturgy which was held on Monday Week 3. There were approximately forty mothers in attendance on the day, and there were many expressions of thanks and appreciation for the opportunity to pray with their children and connect with them and their peers within the context of the school environment. Everyone was invited to a small morning tea in the library afterwards, where parents and students mingled and shared stories of joy with each other.

I pray that everyone continues to have a safe and learning-filled term.

**God Bless** 

Mr Daniel Nekić

**Acting Leader of Religious Education and Mission** 







### HEAD OF STUDENT WELLBEING AND LEARNING

### **Positive Psychology**

How easy is it for us to look at the negatives? How easy is it for us to look for what we can't do rather than what we can do and what we are still learning to do?

Prior to the World Wars, the focus in psychology was about how to make the most out of life. After the war, psychologists had to focus on being able to treat the mental illnesses that were associated with the ravages of that time. It became a curative process where individuals who were unwell were helped to overcome mental health issues. Martin Seligman was the founder of positive psychology. He suggested the focus needed to be on how we can use psychology to make people learn to be happy. It was about preventative psychology to make individuals more optimistic, resilient and contented rather than curative psychology which was there when things went wrong. So, what makes life worth living? Is it travel, relationships, money, family, good job, leisure, pets, sport, etc? Seligman said that while these things help, we need things like hope, opportunity, empowerment/autonomy, meaningfulness, positivity and life giving experiences to achieve wellbeing.

### 5 Domains for Achieving Wellbeing

- 1. Positive emotions Focussing on feeling calm, contented, satisfied and enthusiastic
- 2. **Engagement** Feeling connectedness with and focus on the task at hand. "When people can be in the moment, wellbeing scores increase".
- 3. **Relationships** Which are the centre of wellbeing... quality, life giving, encouraging, nurturing and loving relationships.
- 4. **Meaning/Purpose** That what we are doing is contributing to the greater good or making a difference. That what we are doing has meaning and/or purpose.
- 5. Achievement/Accomplishment The ongoing action of achieving RATHER THAN the achievement of one thing.

In the mainstream senior years, we have been addressing these very important messages and encouraging the students to see the good in each other and therefore, in themselves. You can have a look at the character strengths they have addressed in the Year 12 report in this newsletter.

As a parent and a teacher, I recognise the importance of recognising the good. We have to name and address the issues that are impacting on learning, but underneath it all, everyone has good in them. To find your character strength, go to <a href="https://www.viacharacter.org/survey/account/register">https://www.viacharacter.org/survey/account/register</a>. You will have to register and then complete the survey by ranking your beliefs about the statements they give before you are given your own strengths, but it is an interesting exercise.

Stay positive and encourage your children to see the amazing "good" in our world.

### Mr Martin Stein Head of Student Wellbeing and Learning

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### COLLEGE CAPTAINS REPORT

Over the past few weeks McCarthy has been on the move, aiming to promote Integrity, Justice, and Peace. Each of our leadership ministries have been hard at work and achieved many great things within the College. Our Sporting Ministry currently has a project in the works - organising a 6 a side Oztag competition open to both students and teachers. Social Activities have developed a footy tipping competition which is scheduled to begin in Week 4 of this term. There are currently 66 students signed up to participate. Creative Arts have held several competitions throughout the year, showcasing the talents of creative students, the winners of which have been awarded with prizes and recognition for their efforts at whole school assemblies. The Creative Arts ministry's next endeavour is to host an "arts showcase" where they plan to invite the wider community to the school in order to see the artistic talents of our students. Our Social Justice Ministry has supported several charities with mufti days and fundraising for Vinnies, all of which have been very successful. Most recently the ministry held a Jesuit Social Services fundraiser which saw all students fill a trailer with items of food to donate to the Jesuit Social Services Food Store which provides discounted groceries for people struggling in our local community. Thanks to our Social Wellbeing ministry, the topic of bullying has been addressed with an anti-bullying action plan launched within the college community which saw students make a pledge to stop bullying in any form. The McCarthy College executive has also encouraged student voice and action which has been demonstrated by the uniform policy reform around earrings. It is thanks to the student body that this change was possible. Throughout this semester we can see positive change occurring for the students and the college and we hope that this momentum continues to bring about more positive growth within the McCarthy Catholic College community.

Grace Chamberlin and Samuel Chok College Captains

### **MATHS UPDATE**

A big welcome to the newest member of our faculty, Mr Nathan West.

### **Teacher Profile**



### Where did you study?

I studied at Macquarie University, completing a Bachelor of Science (major in Mathematics) with the Diploma of Education.

#### How long have you been teaching?

I've been teaching for a few years on the Central Coast before making the change to McCarthy.

### What are your hobbies?

I love watching the footy, playing backyard cricket, videogames and solving complex algebraic equations.

### • Where have you travelled?

I've been to the US and Canada but nothing beats experiencing the beautiful scenery of Australia.

### What classes are you teaching at McCarthy?

I have the privilege to be teaching amazing classes in 7MAT4, 8MAT3, 9MAT2, 10MAT3 and Year 12 General 2.

### How excited are you about teaching at McCarthy?

My excitement level is off the scale. I've been really impressed with the level of support and collegiality so far at McCarthy.

### What is most important to you?

Excellent question! I would have to say my two beautiful children. They always seem to brighten my day and keep me on my feet.

### **EMU PROGRAM**

Our Extending Mathematical Understanding (EMU) program has started again. We were excited to invite a number of Year 7 students to partake in the EMU program to improve their mathematical ability, with Mr Durkin. We will be supporting students both in and out of the classroom, focusing on number concepts. It is a holistic, hands on program involving the students, teachers and parents. EMU uses concrete materials, building of mental strategies and challenges of misconceptions through experiences of success and collaboration.

I would like to wish those students and Mr Durkin all the best and please keep an eye out for photos and stories of the students in the program.

# Mrs Vanessa Christman Leader of Learning - Mathematics



**PLEASE NOTE:** Second instalment school fee statements have been mailed home and are **due by Wednesday 6 June 2018**. If any families are experiencing financial difficulties, please contact Mrs Julie Jones at the college on 4728 8100.

# ICT Update

# **ClickView**

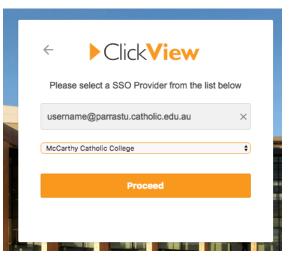
The ClickView website contains a vast collection of educational videos and resources covering a range of subjects and topics.

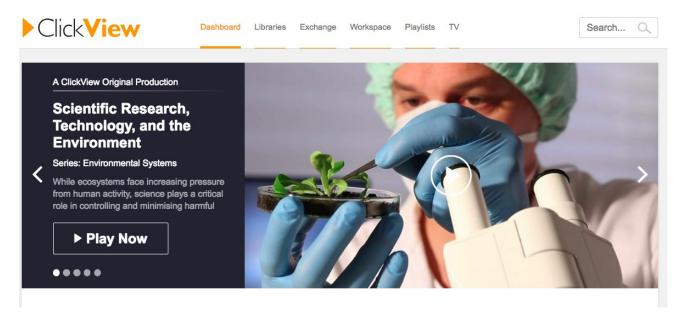
Every student and staff member of the McCarthy community has access to the collection of ClickView videos, interactive resources and recorded TV shows.

To access these resources visit the ClickView website (<a href="https://www.clickview.com.au">https://www.clickview.com.au</a>) and click the 'Sign in' button located in the top right corner.

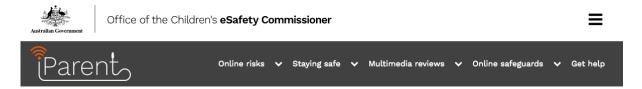
Students will then need to add their school email in the space provided and select McCarthy Catholic College from the drop down menu.

Once you have signed on you can visit the McCarthy Library of videos by clicking on the Libraries tab. Or students can investigate shared resources from other schools and television programs by clicking on the Exchange tab.





The staff of the McCarthy community have already started to share their created interactive videos with their students. I would like to encourage the parents and students of McCarthy to share with me their learning experiences when using the ClickView video platform so that we as a community can evaluate this educational tool.



Recently the eSafety Commissioner launched their iParent Screen Smart Tour.

https://esafety.gov.au/education-resources/iparent/screen-smart-tour

I would encourage all families to take the time to complete these series of questions and digital tours to investigate your use of online resources.

The eSafety Commissioner is committed to helping young people have safe, positive experiences online and encouraging behavioural change, where a generation of Australian children act responsibly online—just as they would offline.

# What does cyberbullying look like?

Cyberbullying can take many forms, including:

- · posting nasty comments
- using intimate images to humiliate someone
- threatening violence
- misusing someone else's social media account
- creating fake accounts to harass and intimidate others
- sharing upsetting images and videos
- making unwanted and persistent contact with someone online.

To assist in supporting positive online behaviour the eSafety website offers a range of tools to assist parents in creating a safe environment at home. The Commission's iParent section provides some practical advice on preventing Cyerbullying, Trolling and blocking unwanted contact. Below is from our eSafety Commissioner on Safe Social Networking.

Social networking is an extension of offline friendships and we should treat people respectfully in the same way we do in real life. Chatting to friends using IM, chat or social networking is a great way to stay in touch and make new friends. However, your child should always keep in mind that there are some risks meeting people online—especially if they don't know them in real life.

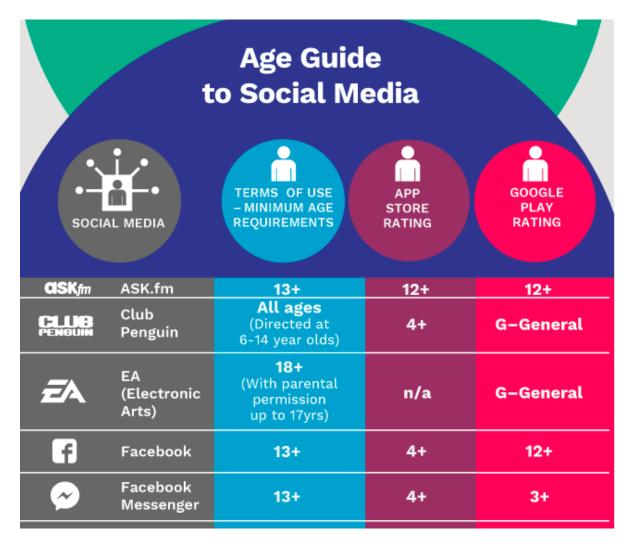
Discuss the following aspects with your child to help them safely enjoy social networking.

- Limit your friend list. Do you know your online friends in the real world? If not, consider changing your settings to limit interaction with them or remove them.
- Protect personal information. Restrict information that people can use to access your names, and to identify where you live, work or go out.
- Check on your images. Does everything about your life really need to be online? How might this affect you and your reputation in the future? Take a look at the eSafety website for some tips for taking photos and videos and sharing them online.
- Stay respectful. Are your posts respectful to friends and others? This is real life; being online is no excuse for bad behaviour.
- Think twice before meeting offline. If you want to meet someone offline it is essential to take an adult with you, meet in the daytime and in a public place. Don't share personal information too early.
- It is important to note that there may be age restrictions that apply to your child joining a social network. Many popular social networks are restricted to users above 13 years of age.

If your child plays online games and uses apps it is important to use the games safely and understand how the costs can add up. Apps and online games provide great social interaction and entertainment but additional costs can be incurred even after you have already paid for the game.

To help control the costs of online games and apps:

- Turn off 'in-app' purchases in the settings of your phone and other devices so your child has to ask to buy additional levels/ characters/lands.
- Keep passwords to yourself so others can't purchase apps and add-ons without you knowing.
- Talk to your child about costs. Explain that games, apps and the extra features in them all cost real money. Watch your child play a game or app and explain which parts cost extra.
- Set a reasonable weekly or monthly spend for apps or games and help your child track their spending so they can make good choices. For older kids talk about data costs as well.
- Check what your child is doing. Are the games and apps appropriate? Online games have ratings and some apps and games have inappropriate ads with links to adult websites, contain offensive material or replicate gambling games. Check out the multimedia reviews on the iParent section of the eSafety website. The eSafety website also has tips on how to protect your children from inappropriate content, including pornography, self-harm sites and violent videos and games.



Mr Damian McGuire Leader of Learning - Technology

### **ENGLISH UPDATE**

In Term 1, Year 10 did a unit of work called Louder than A Bomb. This unit focused on the way language can be a powerful tool to create social change and get people to think, as part of the unit speeches and performance poems were studied. Year 10 were asked to create their own original text about an issue that was important to them and to then create a performance of their text. The Year 10 teachers and myself were so impressed with the quality of the work produced by many Year 10 students. It showed us that we are producing thoughtful and active citizens here at McCarthy. Below is a sample of work from **Chloe Posadas (Year 10)** who was questioning the importance of social media and what our reliance on technology means for our real world relationships.

### Mrs Una Hughes Leader of Learning - English

#### Social media.

A platform that is anything but social.

Today our society has become obsessed with these wire-filled boxes, so much, that it's how we live everyday.

These destructive, dangerous devices dazzle us into a detrimental state, that will leave us with a damaged society.

We don't know how to show our emotions, without using emojis.

We don't know how to appreciate someone else's achievements and milestones, without hitting like.

We don't know how to form new friendships with others, without clicking follow.

We don't know how to entertain ourselves, without tapping at a screen.

Frustration on people's concentration to these behaviours makes me resent these sites.

Social media leads to so many health problems, such as depression, anxiety, insomnia, bullying and anorexia.

Because the young girl seeing the bikini models picture, thinks her self image, is more important than her personality.

Because the boy stops eating, when he sees popular kids shirtless selfies and defined stomachs.

Because the girl next door had her an inappropriate picture taken at a party, which was posted by a 'friend', she never got the job.

Because the young boy alone in the library hides away from bullies, only to be found by them online.

Because the old creep saw her single status, and conned her into believing he was the one.

Because the young girl lost her life, after a man found her location, when all she wanted was for her crush to know she lived nearby.

All these situations are not okay. Social media is not okay. It sprouts stereotypes and dangers in people, acting like poisonous weeds in our lives.

Technology makes me feel stuck in a generation that will never understand how to see the beauty of life, without taking a break from screens.

These platforms suck us in like a vacuum, and consume our thoughts like water down a drain.

Making us lose so much.

What is Privacy?

What is the truth?

What is kindness?

We put on a mask, hiding behind a false identity, like a clown behind make-up.

It negatively affects our society everyday, even on the road.

Where innocent lives are lost.

Because someone doesn't know when enough is enough.

Technology and social media is toxic to our lives, making us it's prisoners, where we become addicted, craving more and more of these platforms.

We need to learn how to limit our time, entertain ourselves and connect with one another.

Do you want to live in a world, where no one can communicate properly?

Do you want to live in a world, where no one can express their feelings?

Do you want to live in a world, where people hide behind screens?

After a trip to Fiji, I discovered an exciting part in the world where there is limited wifi.

People passing always greeted each other, even when we were complete strangers.

Then I returned home where people could barely even make eye contact, because they were so engrossed in this tiny box that attracts everyone.

It is designed to bring us closer, connect one another.

But all it has done is tear us apart.

They tell us this is a new generation, but that sentence is full of false information.

So I tell you, put down the device.

Watch it call your name and whine with notifications, sounds and lights.

Ding. Ding.

But know this, you are making difference for yourself.

Ding. Ding.

For others.

And the world.

Because we are one person closer, to a healthy society.

# TAS UPDATE

### OLOW Mother's Day Catering - Wednesday 9 May

Year 12 Hospitality Students participated in an excursion to Our Lady of the Way Primary School. They prepared and presented a range of food items, drinks and coffee items for over 250 mothers and grandmothers combined.

Despite some students being unwell, we were blessed with beautiful weather and the running of the day went smoothly. Food preparations took into effect four days before the event and on the day, students arrived early to commence preparations on the day. It was a terrific experience for students as they were given opportunities to practice skills learnt as well as further develop new skills.

I commend the hard work and commitment of the students which they have demonstrated. Their enthusiasm definitely shined on the day, making McCarthy proud of their efforts.

### Ms Anne Raco Hospitality Teacher







### YEAR 7 REPORT

After the completion of their first high school term, I have to mention how impressed I am with the current Year 7 cohort and how they have well and truly settled in and found their feet here at the College.

Upon their return the year group have moved into wearing their winter uniform well and with a great amount of pride. I also wish to thank all the parents and carers who took the time over the holiday period to prepare and be ready for the change over of uniform. This pride was most certainly reflected on school photo day and I am sure will be seen when parents receive their photographs.

At present there is a focus on attendance at the College and there is nothing more like saying - I am ready to learn and care about my learning - then by being present at school, on time, dressed in your College uniform and wearing it with pride. As an average the maximum amount of days for a student to have off should be approx. 4 days a term, percentage wise this should not see students drop below 90%. Every fortnight your child is given a slip with their percentage rate on it so they are aware of how they are tracking. If their percentage is below 90% then please encourage your child to come and be present at school. We spoke to the year group and explained to them how important each day of learning is.

Mrs Julie Petrovski Stage 4 Leader of Learning

### YEAR 9 REPORT

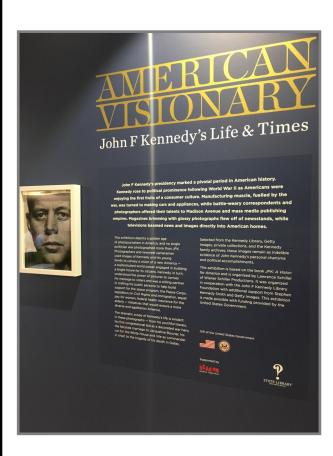
Welcome back to another exciting term of learning. I would like to take this opportunity to thank Mr Luchetti who was Acting Year 9 Leader of Learning in my absence for the last two weeks of Term 2. Mr Luchetti did a fantastic job leading Year 9

This week Year 9 undertook NAPLAN testing. NAPLAN tests the sorts of skills that are essential for every child to progress through school and life, such as reading, writing, spelling, and grammar and numeracy. It is important to remember that NAPLAN is not about passing or failing, but assessing learning progress. Students have been preparing for NAPLAN in their classes this term.

Recently **Year 9 Photographic and Digital Media** students went on an excursion to the State Library. The students were able to look at an exhibition on John F. Kennedy's (JFK) Life and Times. This exhibition depicts a golden age of photojournalism in America — and no single politician was photographed more than JFK. Photographers and newsreel cameramen used images of Kennedy and his young family to convey a vision of a new America, a sophisticated world power engaged in building a bright future for its citizens. The students thoroughly enjoyed the exhibition and the various techniques displayed by premier photographers of the era.

I look forward to a great term with the wonderful students in Year 9.

John McKnight Leader Of Learning - Year 9







### YEAR 12 REPORT

Year 12 Mainstream students are continuing to do wonderful things in their time at McCarthy. There continues to be a strong connection to the college, to each other and to their teachers. A couple of examples illustrate the mature approach of the Year 12's. Mr Beacroft spoke about how he was teaching his class and realised that owing to a glitch, the Year 12 next door had not been covered but the students were busy doing the work that had been assigned to them on Google classroom and continued to work diligently for the lesson. Frequently, I am spoken to by teachers who say they believe their favourite class is their Year 12 class. The happiness of the photo of a few of the Year 12's in the photo below is indicative of the sense I feel.

In pastoral care last week, the students were in groups with their friends and each individually was the subject of the analysis of the other members of the group. Their job was to look at the character strengths of the one person. Then, each student was able to log on to the VIA Survey and complete a series of questions where they could measure their own character strengths. Which of the following character strengths have you seen in you child? What about in yourself? Lets stay positive!

Mr Martin Stein Leader of Learning - Year 12

### **Classification of Character Strength**

Wisdom &	<u>Creativity</u> – □ Original ideas □ adaptability – able to quickly adjust to new conditions/rules		
<u>Knowledge</u>	<u>Curiosity</u> – ☐ Interest in new & different experiences ☐ openness to life experiences		
72315 2	Judgement — ☐ Can clearly think things through ☐ open-minded to alternatives before judgement		
	Love of Learning – ☐ Interest in or excitement for the learning of new skills or understandings		
3	Perspective – ☐ Can provide wise advice ☐ can see the "big picture" and explain it well		
<u>Courage</u>	Bravery – □ Valour (not shrinking from fear) □ speaking up for what is right		
	Perseverance — ☐ persistence ☐ finishing what you start		
	Honesty – ☐ Authenticity – behaving true to who you are ☐ integrity – being honest & moral		
	Zest - □ Vitality □ enthusiasm □ vigour □ energy		
<u>Humanity</u>	<u>Love</u> – ☐ Being able to love ☐ being able to be loved, ☐ valuing close relations with others		
	Kindness – ☐ Generosity ☐ care ☐ compassion ☐ altruism (doing things for others) ☐ niceness		
	Social/Emotional Intelligence □ aware of the motives/feelings of self and others □ Know what makes		
<u>Justice</u>	<u>Teamwork</u> – ☐ belief in team ☐ loyalty to team ☐ happiness for other team member success		
	<u>Fairness</u> – ☐ Justice ☐ not letting biased feelings of others affect your decisions		
	<u>Leadership</u> – □ Organises group activities □ encourages the group to get things done		
<u>Temperance</u>	<u>Forgiveness</u> – ☐ Mercy ☐ accepting shortcomings of others ☐ giving second chances		
11/1	Humility – ☐ Modesty (not showing off) ☐ letting one's accomplishments speak for themselves		
	Prudence – ☐ Careful ☐ common sense ☐ good judgement ☐ wisdom in decisions		
	Self regulation — ☐ Self control ☐ self disciplined (able to manage impulses/emotions)		
<b>Transcendence</b>	<u>Appreciation of beauty &amp; excellence</u> – ☐ Feel awe & wonder for things around you		
	<u>Gratitude</u> – ☐ Thankful for the good ☐ express thanks		
	<u>Hope</u> – □ Optimism □ future mindedness/orientated		
	Humour – □ Playfulness □ able to make others smile □ "good" joking (not hurtful joking)		



Some Year 12's (and a Year 11 photo bomber) preparing to go to class!

### SPORTS REPORT

- ♦ Season 1 of Representative Sport has come to an end with the Junior Boys Touch Football Team being crowned Champions. Finishing in 4<sup>th</sup> spot after the regular rounds, the team beat the previously undefeated St Columba's in the semi finals in a very tense game that went to extra time. In the Grand Final, the McCarthy side played a very controlled game, defeating Bede Polding 4-3. Brock Tutton was named Player of the Final. Congratulations to Mr Luchetti and his team on an excellent performance.
- The PDSSSC Cross Country Carnival was held on Friday 4 May at Jamison Park in Penrith. McCarthy students ran with determination and there were a number of excellent performances. **Torrance McLean** (Year 8) placed 1<sup>st</sup> in the U/14 Girls race, making her the Parramatta Diocesan Champion. Torrance is a talented and dedicated runner and deserves this fine result. **Sonny Lucas** (U/12 Boys) and **Emerson Rovere** (U/17 Boys) placed 2<sup>nd</sup> in their age groups, while **Sarah Blair** (U/18 Girls) came 3<sup>rd</sup> in her race. **Cooper McLean** (U/12 boys) placed 4<sup>th</sup>, **Akshay Wakanker** (U/17 Boys) finished 5<sup>th</sup>, while **Sebastian Zinghini** (U/13 Boys) and **Peter Ellis** (U/16 Boys) both finished 6<sup>th</sup> in their races. These outstanding performances earned these 8 runners selection into the PDSSSC team to contest the NSWCCC Championships at Eastern Creek on Friday 15 June. **Aiden Rowe** finished 7<sup>th</sup> in the U/16 Boys and is first reserve for the Diocesan Team.
- Representative trials are currently taking place for Season 2 of Representative Sport. McCarthy is entering teams into Rugby League, Football (Soccer) and Netball. Students are reminded that a mouthguard is necessary to play Rugby League in all school based competitions and shin pads are compulsory for all Soccer players.
- The College Athletics Carnival is at Blair Oval, St Marys, on Friday 22 June. Students are encouraged to commence training in order to commit their best possible performances. Events to be held on the day are 100m, 200m, 400m, 800m, 1500, High Jump, Long Jump, Discus and Shot Put. Javelin will be held at school, while Triple Jump and Walk event athletes will need to submit a distance/time to Mr Beacroft in order to progress to the PDSSSC Carnival.

### SCHOOL CROSS COUNTRY RESULTS

AGE	AGE CHAMPION	2ND PLACE	3RD PLACE
U12G	Chaya Ott	Deanna Anthony	Tianna Finn
U12B	Sonny Lucas	Zavier Button	Cooper McLean
U13G	Isabella Coey	Karina Doyle	Grace Caruana
U13B	Sebastian Zinghini	Tyler Gibb	Luke Sammut
U14G	Torrance McLean	Samantha Rowe	Lily Reid
U14B	Lawrence Galea	Brock Tutton	Ashton Gibson
U15G	Hannah Cladingboel	Abbey McAlister	Elissa Lee
U15B	Corey Doyle	Mitchell Pledger	Liam Austin
U16G	Sharna'e Tanti	Rachel Cole	Rileigh Bartle
U16B	Aiden Rowe	Peter Ellis	Christopher Dixon
U17G	Janaya Bent/Darcy White		Emily Beggs
U17B	Emerson Rovere	Akshay Wakankar	Aman Singh
U18G	Sarah Blair	Grace Chamberlin	Kaitlyn Roet
U18B	Joshua Car	William Graves	Jackson Walker

Mr Craig Beacroft Sports Coordinator



# **DATES FOR YOUR DIARY...**



MAY			
Monday 14th-Friday 25th	Year 12 TTC Industry Placement		
Wednesday 23rd	Year 12 Art Studio Incursion		
Monday 28th	Vaccinations: Year 7 and 8 (catch-up), Year 10 boys and Year 11 boys		
Tuesday 29th	Year 9, 10 and 11: Subject Market Evening: 5.00pm-7.00pm		
Wednesday 30th	TTC Open Information Night: 2019 Enrolments: 6.00pm-7.30pm		
JUNE			
Monday 11th	Queens Birthday Public Holiday - PUPIL FREE DAY		
Tuesday 12th	Staff Professional Learning Day - PUPIL FREE DAY		
Monday 18th	Year 7 and 8 Reflection Day		
Monday 18th-Friday 29th	Year 11 TTC Industry Placement		
Friday 22nd	College Athletics Carnival		
Tuesday 26th	Year 7-10 Parent Teacher Interviews		
Wednesday 27th	Year 10 and 11: Parent and Student Subject Selection Interviews		
JULY			
Wednesday 4th	Year 11 PDHPE First Aid Course		
Friday 6th	Last Day of Term 2 for Students		

# ST JOSEPH'S PARISH YOUTH MASS

6:00pm Saturday 19th May St Joseph's Church 12 Richmond Road, Kingswood

After Mass there will be a get together with pizza in the parish hall.



# TRADES/VOCATIONS INCLUDE:

Automotive -- Carpentry
Early Childhood Education (Childcare)
Bricklaying -- Electrical -- Hairdressing
Plumbing -- Hospitality (Commercial Cookery)
Metals & Engineering (Fabrication)
& other possibilities

# 2019 INFORMATION NIGHT

# MCCARTHY CATHOLIC TRADE TRAINING CENTRE

WEDNESDAY 30MAY 2018 6-7:30PM FOLLOWUSON:



/MCCARTHYTTC



@MCCARTHYCTTC #MCTTCINFONIGHT

COMPLETE YOUR HSC AND GET A HEAD START ON YOUR CAREER



75 Mackellar Street Emu Plains

COMBININGLEARNING & WORK