



McCarthy Catholic College

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Dear Parent/Guardian

In Season 3 2019, weekly Sport will continue at McCarthy on Thursdays during Period 5 and 6. All School Sport and Representative Sport will run together. Season 3 will be starting on the 5 September 2019 and concluding on the 12 December 2019.

Year 7 students will be involved in a four week block rotation of Ice skating, Bowling and a Swim Course. The group who will participate in Learn to Swim, or swimming and development lessons at Nepean Aquatic Centres will be led by qualified swimming instructors and supported by our teachers. They will finish each lesson with water-based games for skill development.

Years 8, 9 and 10 students have selected 3 possible sports for Season 3 and we will allocate one of their preferences to attend for Season 3. This allocation will be based on handing their sport preferences in on time and the available spots in the sports. Therefore, students need to complete the sport form as soon as possible, to ensure their spot is secured. Sports will only run if the required numbers are met, otherwise students will be given another sport of their selected choice. Once their sport preference is chosen and a permission note is returned to their homeroom teacher, students will **NOT** be allowed to change sports. Please also be aware that if your child is to attend Cables, an additional disclaimer form will be given to your child, which must also be completed, signed and returned. If this disclaimer is not completed for Cables, then the student cannot attend this venue, they will remain at school and/or be given another alternative sport which may not be their preferred choice.

Years 7 - 10 Rep Sports Students will trial in weeks 6 and 7 of Term 3 for Cricket, Oz Tag and Girls Basketball. Students who are successful in trials will begin playing in Week 8. Students who are unsuccessful will be placed into another one of the sport choices that they have selected initially with the rest of Year 7 -10.

We have attached a list of sports together with the venue they will be held at to help assist families and organisation. Students will be transported to the venue by bus, unless it is stated that the sport will take place at school. It must be noted that students **WILL NOT** be dismissed from any venues regardless of a parent note. However in an emergency situation, a parent will meet the teacher at the venue and sign out their child.

Buses will take students to and from the venues, leaving during lunchtime or at the start of Period 5, Buses will return to the College by 3:00pm in time for normal afternoon dismissal.

Students will wear full Sports Uniform to school every Thursday. Any students not in the correct Sports Uniform (information in the student's diary) on a Thursday will not be allowed to attend sport on this day.

The cost for students has been included in the School Fees.

Please complete the permission note below and return it to your child's Homeroom teacher by Monday 2 September 2019.

Sport	Venue
Rock Climbing	The Climbing Centre
Ice Skating	Penrith Ice Palace
Cables	Cables Wake Park, Penrith
Ball Games and Walking	Nepean River – Emu Plains side
Ten Pin Bowling	Zone Bowling Penrith
Lawn Bowls	Glenbrook Bowling Club, Panthers
Tennis	Springwood Tennis Centre/Nepean Tennis Courts
Fit 4 all gym (cardio/weights sessions/inflatable circuit)	Fit 4 all gym
Golf	Leonay Golf Club
Board Games/Chess	At school
Alternate craft sessions/card/jewellery making	At school
M Factor	At school
General Oval Sport	At school
Rep Cricket	Various Venues within Diocese
Rep Oz Tag	Various Venues within Diocese
Rep Girls Basketball	Various Venues within Diocese
Year 7 Swimming	Nepean Aquatic Centres, Emu Plains and Cranebrook

Yours sincerely

Mrs Peta Sparkes
Acting Principal Leader

Mr John McKnight
Sport Coordinator

PERMISSION FOR THURSDAY SCHOOL SPORTS

I give permission for my child _____ in Homeroom _____

to attend any of the above sports that they have already selected as part of their School Sport commitments. I understand that a bus, where indicated above, may transport my child to and from the venue.

My child has the following medical condition which may impact on their ability to participate in sport:

My contact number in case of an emergency is : _____

I give permission for my child to receive medical treatment if required. YES / NO

Parent's Name: _____ (Please Print)

Signed: _____ **Dated:** _____